SHRH
SOCIETY OF HUMAN REPRODUCTIVE HEALTH PAKISTAN

25th to 27th SEPTEMBER 2026
PC HOTEL, LAHORE

CRAFT IVF

CRAFT 2026

Conference On HUMAN REPRODUCTIVE HEALTH

SCIENTIFIC PROGRAM

Striving for Uniform Maternal Health Care Services Across Pakistan

CRAFT 2026 Conference On HUMAN REPRODUCTIVE HEALTH

SHRH SOCIETY OF HUMAN REPRODUCTIVE HEALTH PAKISTAN

25th to 27th SEPTEMBER 2026 PC HOTEL, LAHORE

CRAFT IVF

DAY 1 - CRYSTAL HALL A

Friday - 25th September 2026

SUB-SPECIALITY SESSION
FETAL MEDICINE

9:00 AM - 2:00 PM

Chief Coordinator: Prof. Noreen Akmal

Moderator: Dr. Javeria Zunair

Guest of Honour: Prof. Tabinda Rana

Craft Coordinator: Dr. Binyamin Butt

From Prenatal Screening to Precision Fetal Therapy

Time	Topic	Speaker
9:00 AM - 9:30 AM	Situational Analysis of Congenital Malformations in Pakistan Identifiable Factors which may predispose to Congenital Malformations How the incidence may be reduced?	Prof. Noreen Akmal
9:30 AM - 10:00 AM	NIPT Testing Other blood tests for Antenatal Diagnosis of Congenital Malformations	Dr. Ayesha Malik (AKU)
10:00 AM - 10:30 AM	Role of Ultrasound in Antenatal Testing for Congenital Malformations in all trimesters	Dr. Musarrat (Karachi)
10:30 AM - 11:00 AM	Choice of Invasive Testing for Sonographic Findings: Which test to do and when?	Prof. Shama Munim
11:00 AM - 11:30 AM	Prenatal Diagnosis of Genetic Disorders: Test availability and prerequisites for Optimal Analysis	Maj. Gen. (R). Suhaib Ahmad
11:30 AM - 12:00 PM	Intrauterine Blood Transfusion – Video Demonstration	Dr. Imran Waheed
12:00 PM - 12:30 PM	Fetal Therapy for Congenital Malformation (Medical / Minimal Invasive / Surgical) excluding Intrauterine Fetal Blood Transfusion	Prof. Mehmood Shaukat
12:30 PM - 1:00 PM	Genetic Counselling	Prof. Saqib Mahmood
1:00 PM - 2:00 PM	Hands-On Workshop on Chorionic Villus Sampling (CVS)	Prof. Noreen Akmal Dr. Yasmeen Ehsan

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CRAFT IVF

DAY 1 - CRYSTAL HALL B

Friday - 25th September 2026

SURGICAL SKILLS SESSION

9:00 AM - 2:00 PM

Chief Coordinator: Prof. Fauzia Butt

Guest of Honour: Prof. Ahmad Waseem Yousaf

Moderator: Prof. Fauzia Butt

From Surgical Foundations To Advanced Techniques and Safer Outcomes

Time	Topic	Speaker
9:00 AM - 9:45 AM	Introduction To Robotic Surgery	Prof. Rehana Amir
9:45 AM - 10:30 AM	Laparoscopic Surgery for Endometriosis	Prof. M. Asif Qureshi
10:30 AM - 11:15 AM	Interventional Radiology in Gynaecology	Prof. Dr. Safdar Malik
11:15 AM - 12:00 PM	Step-by-Step Internal Illiac Artery Ligation	Prof. Ahmad Uzair Qureshi
12:00 PM - 12:45 PM	Technical Aspects of Abdominal Hysterectomy	Prof. Arshad Chohan
12:45 PM - 1:30 PM	Principles Of Management of Urological Trauma in Gynaecological Surgery Identification and Repair Of Ureteric / Bladder Trauma	Prof. Muhammad Nazir
1:30 PM - 2:00 PM	Hands-On Workshop on Urinary Bladder Repair	Prof. Muhammad Nazir

PRAYER / LUNCH | 2:00 PM - 3:00 PM

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CRAFT IVF

DAY 1 - CRYSTAL HALL B

Friday - 25th September 2026

CRAFT SIGNATURE EVENT

3:00 PM - 5:00 PM

Guest of Honour: Prof. Rashid Latif Khan

Chief Guest: Miss Sarah Ahmad (Chair Person Child Protection Bureau Punjab)

Moderator: Dr. Moiz Arshad Chohan

Consanguineous Marriage and Obstetric Complexities in Pakistan: Challenges and Clinical Implications

Time	Topic	Speaker
3:00 PM - 3:10 PM	VIDEO DISPLAY	
3:10 PM - 3:30 PM	From Conception to Delivery: How Consanguinity Shapes Obstetrical Risk	Prof. Arshad Chohan
3:30 PM - 3:50 PM	A Public Health Challenge - Burden, Determinants and Prevention Strategies	Prof. Saira Afzal
3:50 PM - 4:10 PM	Genetic Consequences, Risk Assessment and Possible Solutions	Prof. Saqib Mehmood
4:10 PM - 4:30 PM	Balancing Cultural Values with the Health of Future Generations	Prof. Rashid Latif Khan Guest of Honour Miss Sarah Ahmad Chief Guest
4:30 PM - 4:45 PM	Address by Guest of Honour	
4:45 PM - 5:00 PM	Questions and Answers	

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CRAFT IVF

DAY 1 - CRYSTAL HALL A

Friday - 25th September 2026

AESTHETIC GYNAECOLOGY SESSION

3:00 PM - 5:30 PM

Guest of Honour: Prof. Shaheena Asif

Chief Coordinator: Prof. Shaila Anwar

Moderator: Prof. Shamayela Hanif

Time	Topic	Speaker
10 MINUTES EACH SPEAKER	What you should know about Aesthetic Gynaecology	Prof. Shaila Anwar
	Myths and Facts about Aesthetic Gynaecology	Dr. Mariam Iqbal
	Hymenoplasty & Labiaplasty: Beyond Aesthetics - Restoring Form & Function	Dr. Saba Ansari
	Case Discussion (Vaginismus: Current Management)	Dr. Salva Nadeem Zubairi
	Case Discussion (Weak Bladder Control: Current Management)	Dr. Mahham Janjua
	Complications in Cosmetic Gynaecology – The Price of Untrained Hands	Dr. Muhammad Haris
	Emerging trends in Aesthetic Gynaecology	Prof. Aboubakr Elnashar
30 Minutes	FORUM DISCUSSION	
01 Hour	Hands-On Workshop	

FACILITATORS	ORGANISERS	COORDINATORS
Dr. Saba Ansari Prof. Farrukh Awan Dr. Mahham Janjua Dr. Rabbia Ghous	Dr. Ghazala Agha Dr. Rabbia Ghous Dr. Maryam Akram	Dr. Saima Qurban Dr. Gul Asim Dr. Rehana Iftikhar Dr. Nida Amjad Dr. Bushra Saleem Dr. Almas Batool
Closing Remarks by Prof. Shaheena Asif		

DAY 2 - CRYSTAL HALLS

Saturday - 26th September 2026

KEYNOTE LECTURE SESSION 1

Panel of Experts : Prof. Shaheena Asif, Prof. Mehnaz Khakwani, Prof. Roshan Ara Qazi, Prof. Rizwana Chaudhry, Prof. Maryum Malik, Prof. Amtullah Zareen

Moderator: Dr. Sadaf Zahra

CRYSTAL B — 9:00 AM - 10:00 AM

Time	Topic	Speaker
9:00 AM - 9:18 AM	Comparative Analysis of Maternal Health Indicators across SAARC Countries: Where do we stand?	Prof. Lubna Hassan
9:18 AM - 9:36 AM	Building an Implementable Maternal Health Care Infrastructure for Better Maternal and Perinatal Outcomes in the Country	Prof. Farrukh Zaman
9:36 AM - 9:54 AM	Fertility-Sparing Surgery in Gynecologic Oncology Patients	Dr. Najum-us-Saqib Qureshi (UK)
9:54 AM - 10:00 AM	Concluding Remarks by Panel of Experts	

KEYNOTE LECTURE SESSION 2

Panel of Experts : Prof. Tabinda Rana, Prof. Alia Bashir, Prof. Shama Munim, Dr. Sadia Khan, (FSD) Prof. Shaista Abroo, Prof. Humaira Noreen (ISB)

Moderator: Dr. Maryam Raana

CRYSTAL A — 9:00 AM- 10:00 AM

Time	Topic	Speaker
9:00 AM - 9:18 AM	Changing Epidemiology of HIV in Pakistan: Should Routine Antenatal Screening Be Introduced Countrywide?	Prof. Shahida Tarar
9:18 AM - 9:36 AM	Mitigating Climate Change Impacts on Pregnancy Outcomes – Maternal and Neonatal Health	Prof. Shehla Baqai
9:36 AM - 9:54 AM	Significance of Guidelines in Obstetrical Practice: "How Far Should We Follow International Guidelines?"	Dr. Sidra Nausheen (AKU)
9:54 AM - 10:00 AM	Concluding Remarks by Panel of Experts	

DAY 2 - CRYSTAL HALLS

Saturday - 26th September 2026

KEYNOTE LECTURE SESSION 3

Panel of Experts : Prof. Robina Farrukh, Prof. Sonia Naqvi, Dr. Nadeem Zuberi, Prof. Fozia Monoo, Prof. Shahina Zahoor, Prof. Naheed Jamal

Moderator: Dr. Rabia Wajid

CRYSTAL B — 10:00 AM - 11:00 AM

Time	Topic	Speaker
10:00 AM - 10:18 AM	From Autaq to Clinic: Men at the Forefront of Family Planning	Prof. Nighat Shah
10:18 AM - 10:36 AM	VBAC in Pakistan: Reality, Challenges, or an Unfulfilled Dream?	Prof. Arif Tajammul
10:36 AM - 10:54 AM	Reproductive Health Across the Life Course: Global Challenges and Opportunities	Prof. Aisha Siddiqa
10:54 AM - 11:00 AM	Concluding Remarks by Panel of Experts	

KEYNOTE LECTURE SESSION 4

Panel of Experts : Prof. Fozia Amber, , Prof. Mona Zafar, Prof. Saima Iqbal, Prof. Sadia Saleem, Prof. Gulfreen, Dr. Samina Haq

Moderator: Dr. Zainab Zubair

CRYSTAL A — 10:00 AM - 11:00 AM

Time	Topic	Speaker
10:00 AM - 10:18 AM	Management of Intrauterine Growth Restriction: When and How to Intervene	Prof. Jahan Ara Hassan
10:18 AM - 10:36 AM	Artificial Intelligence in Reproductive Health	Dr. Masood Jawaid
10:36 AM - 10:54 AM	Navigating the Transition to Menopause: Understanding Symptoms and Treatment Options	Prof. Azra Saeed Awan
10:54 AM - 11:00 AM	Concluding Remarks by Panel of Experts	

DAY 2 - CRYSTAL HALLS

Saturday - 26th September 2026

KEYNOTE LECTURE SESSION 5

Panel of Experts : Prof. Saba Nasim, Prof. Faiqa Saleem, Prof. Mahlaqa Maqsood, Prof. Nabia Tariq, Prof. Sadia Jewan Khan (ISB)

Moderator: Dr. Maria Imran

CRYSTAL B — 11:00 AM - 12:00 AM

Time	Topic	Speaker
11:00 AM - 11:18 AM	Colpo-Suspension for GSI - Made Easy by AZ - Technique	Prof. Aziz-un-Nisa Abbasi
11:18 AM - 11:36 AM	Patient Counselling in Pakistan: Bridging Cultural Realities and Global Best Practices	Prof. Shamsa Humayun
11:36 AM - 11:54 AM	Genital Tuberculosis: An Overlooked Cause of Infertility and Reproductive Morbidity	Prof. Tazeen Munim
11:54 AM - 12:00 PM	Concluding Remarks by Panel of Experts	

KEYNOTE LECTURE SESSION 6

Panel of Experts : Prof. Saqib Siddique, Prof. Shahida Sheikh (Larkana), Prof. Shahid Rao, Prof. Rubina Ali, Prof. Salma Zaman, Prof Shazia Shaheen (FSD)

Moderator: Dr. Saima Zaki

CRYSTAL A — 11:00 AM - 12:00 AM

Time	Topic	Speaker
11:00 AM - 11:18 AM	Ethical Issues in Reproductive Health	Prof. Naeema Utman
11:18 AM - 11:36 AM	Practical Points in the Management of Diabetes in Pregnancy	Prof. Roshan Ara Qazi
11:36 AM - 11:54 AM	Abnormal Uterine Bleeding	Prof. Rizwana Chaudhry
11:54 AM - 12:00 PM	Concluding Remarks by Panel of Experts	

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DAY 2 - SHALIMAR HALL A

Saturday - 26th September 2026

SUB-SPECIALITY SESSIONS
UROGYNAECOLOGY

9:00 AM - 12:00 PM

Chief Coordinator: Prof. Shamila Ijaz Munir

Guest of Honour: Dr. Shaheen Zafar

Moderator: Dr. Sofia Iqbal

Comprehensive Pelvic Floor Medicine: From Evaluation to Advanced Reconstruction

Time	Topic	Speaker
9:00 AM - 9:20 AM	Childbirth and Pelvic Floor: Revisiting the Dynamics	Prof. Nazli Hameed
9:20 AM - 9:40 AM	Urodynamic Studies and Their Cost-Effectiveness	Prof. Shagufta Tahir
9:40 AM - 10:00 AM	Medical Management of Urinary Incontinence	Dr. Novera Chughtai
10:00 AM - 10:20 AM	Surgical Management of Urinary Incontinence in Females	Prof. Nadia Khurshid
10:20 AM - 10:40 AM	Principles of Management of Vault Prolapse	Prof. Pushpa Sirichand
10:40 AM - 11:00 AM	Modified Abdominal Cervicopexy for Uterine and Vault Prolapse	Prof. Naila Israr
11:00 AM - 11:15 AM	Fourth-Degree Perineal Tear	Prof. Shamila Ijaz

HANDS-ON WORKSHOPS | 11:15 AM - 12:00 PM

Workshop on Fourth-Degree Perineal Tear	Workshop on Colpocleisis
FACILITATORS	**FACILITATORS**
Prof. Shamila Ijaz Munir, Dr. Urooj, Dr. Novera Chughtai and Team	Prof. Pushpa Sirichand Prof. Shakila Yasmeen

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DAY 2 - SHALIMAR HALL B

Saturday - 26th September 2026

SUB-SPECIALITY SESSIONS
GYNAECOLOGICAL ONCOLOGY

9:00 AM - 12:00 PM

Chief Coordinator: Prof. Madeeha Rashid

Guest of Honour: Dr. Najum-us-Saqib Qureshi (UK)

Moderator: Prof. Madeeha Rashid

Prevent, Detect & Treat: A Comprehensive Approach To Gynecological Cancer

Time	Topic	Speaker
09:00 AM - 09:20 AM	Disease Burden – Pakistan Perspective	Prof. Madeeha Rashid
09:20 AM - 09:40 AM	When Should a Gynaecologist Call a Surgical Oncologist?	Prof. Haroon Javaid
09:40 AM - 10:00 AM	Role of Imaging in Detection and Management of Gynaecological Cancer	Dr. Attka Maryam
10:00 AM - 10:20 AM	Vaccination/Immunotherapy in Gynaecological Malignancies	Prof. Kauser Bano
10:20 AM - 10:40 AM	Tumour Markers: How Far Are They Useful in Establishing the Risk of Malignancy / Early Detection of Cancer?	Prof. Nabeela Shami
10:40 AM - 11:00 AM	Intraoperative Frozen Section in Gynaecological Oncology: Clinical Applications and Decision-Making	Dr. Saira Rathore
11:00 AM - 11:20 AM	Risk-Reducing Surgery in Genetic Cancers and Its Implications in Our Population	Prof. Khadija Asim

HANDS-ON WORKSHOP | 11:20 AM - 12:00 PM

TALK	Screening of Cervical Cancer
WORKSHOP ON	Liquid-Based Cytology / Colposcopy / HPV Vaccination / VIA / VILI
FACILITATORS	Prof. Amna Eusaph, Prof. Madeeha Rashid and Team

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DAY 2 - PALACE HALL

Saturday - 26th September 2026

SUB-SPECIALITY SESSION
ASSISTED REPRODUCTION TECHNOLOGY

9:00 AM-12:00 PM

Chief Coordinator: Prof. Fauzia Butt

Guest of Honour: Prof. Muhammad Arshad Chohan

Moderator: Dr. Anees Fatima

From Patient Selection To Precision: Advancing Reproductive Medicine

Time	Topic	Speaker
09:00 AM - 09:20 AM	Work-Up of Patient Requesting IVF and Counselling of Patient for ART Before and After	Prof. Fauzia Butt
09:20 AM - 09:40 AM	Ovulation Induction/Monitoring in an IVF Cycle	Prof. Rubina Izhar
09:40 AM - 10:00 AM	OHSS in ART: Prevention and Management	Prof. Sadiah Ahsan Pal
10:00 AM - 10:20 AM	Setting Up of an IVF Centre and Quality Control in IVF	Prof. Arshad Chohan
10:20 AM - 10:40 AM	Principles of Egg Retrieval, Embryo Transfer and Luteal Support	Prof. Fauzia Butt
10:40 AM - 11:00 AM	Step-by-Step Intrauterine Insemination	Mr. Faisal Rasheed
11:00 AM - 12:00 PM	Hands-On: Lab Technologies (IVF, ICSI, PGD, PGS, PGT, Freezing / Vitrification) and Beyond	

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DAY 2 - CRYSTAL B

Saturday - 26th September 2026

PLENARY SESSION

12:00 PM - 2:00 PM

Panel of Experts : Prof. Lubna Hassan, Prof. Aziz un Nisa Abbasi, Prof. Razia Korejo, Prof. Aisha Siddiqa, Prof. Zohra Khanum, Prof. Tayyiba Waseem

Moderator: Dr. Moiz Arshad Chohan

Topic	Speaker
Predictors of Ovulation Induction: How Valuable Are Anti-Müllerian Hormone, FSH and Antral Follicle Count?	Prof. Arshad Chohan
Beyond the Needle: Surgical Solutions for Sustainable Weight Loss	Prof. Farooq Afzal
INAUGURAL SESSION	

LUNCH / PRAYERS - 2:00 PM - 3:00 PM — **GRAND BALL ROOM B**

AWARENESS WALK ON PMOS BY GENIX PHARMA - 3:00 PM — **HOTEL BACKYARD**

POSTER ASSESMENT SESSION

3:00 PM - 5:00 PM

Chief Coordinator: Dr. Maria Imran

POSTER ASSESMENT JURY

Chair Person: Prof. Shamsa Hamayon

Members: Dr. Shaukat Ali Jawaid, Prof. Shaista Waheed, Dr. Noor-I-Kiran Haris

DAY 2- CRYSTAL HALLS

Saturday - 26th September 2026

KEYNOTE LECTURE SESSION 7

Panel of Experts : Prof. Roshan Ara Qazi, Prof. Shehla Baqai, Prof. Ikram, Prof. Shazia Ashraf, Prof. Zartaj Hayat, Prof. Abida Sajid

Moderator: Dr. Saima Zubair

CRYSTAL B — **3:00 PM - 4:00 PM**

Time	Topic	Speaker
3:00 PM - 3:18 PM	Female Infertility: When Biology, Age and Modern Life Collide	Prof. Dr. Aboubakr Elnashar (Egypt)
3:18 PM - 3:36 PM	Male Infertility: From Diagnosis to Evidence-Based Fertility Management	Prof. Dr. Ahmed Fathi Elsherbini Hassam (Egypt)
3:36 PM - 3:54 PM	Management of Vaginal Discharge	Prof. Shaila Anwar
3:54 PM - 4:00 PM	Concluding Remarks by Panel of Experts	

KEYNOTE LECTURE SESSION 8

Panel of Experts : Prof. Arif Tajamul, Dr. Najum-us-Saqib Qureshi (UK), Prof. Farhat Naz, Prof. Aalia Tayyaba, Prof. Maimoona Ashraf, Prof. Tayyaba Rashid

Moderator: Dr. Sadaf Zara

CRYSTAL A — **3:00 PM - 4:00 PM**

Time	Topic	Speaker
3:00 PM - 3:18 PM	Beyond Symptom Control: The Evaluation of Medical Management in Endometriosis	Prof. M. Tayyab
3:18 PM - 3:36 PM	Hydrosalpinx before IVF: Is Tubal Occlusion justified when repeat IVF is Financially Unaffordable?	Prof. Rubina Izhar
3:36 PM - 3:54 PM	Breaking Barriers in Fibroid & Endometriosis Management	Prof. Uzma Hussain
3:54 PM - 4:00 PM	Concluding Remarks by Panel of Experts	

DAY 2- CRYSTAL HALLS

Saturday - 26th September 2026

KEYNOTE LECTURE SESSION 9

Panel of Experts : Prof. Naila Israr, Prof. Naeema Utman, Prof. Nighat Shah, Prof. Robina Mushtaq Dr.Samina Zafar, Prof. Nadia Sharif

Moderator: Dr. Sadaf Mubeen

CRYSTAL B — **4:00 PM - 5:00 PM**

Time	Topic	Speaker
4:00 PM - 4:18 PM	Enhancing Perinatal Outcomes in Premature Babies	Prof. Sadiah Ahsan Pal
4:18 PM - 4:36 PM	Missing Links in the Management of Postpartum Haemorrhage in Pakistan: Will we ever get Ergometrine and Carbetocin?	Prof. Haleema Yasmeen
4:36 PM - 4:54 PM	Single-Dose Gonadotrophin Regimen for Ovulation Induction: A Local Experience in Pakistan	Prof. Shagufta Saeed Sial
4:54 PM - 5:00 PM	Concluding Remarks by Panel of Experts	

KEYNOTE LECTURE SESSION 10

Panel of Experts : Prof. Nilopher Mustafa, Prof. Huma Tahseen, Prof. Noreen Bilal (FSD), Prof. Farrukh Awan Dr. Zubair Un Nisa, Dr. Fauzia Yasmeen

Moderator: Dr. Shanza Ghaffar

CRYSTAL A — **4:00 PM - 5:00 PM**

Time	Topic	Speaker
4:00 PM - 4:18 PM	Addressing the Unmet Needs of Anaemia Management with Oral Iron Therapy	Prof. Nazli Hameed
4:18 PM - 4:36 PM	What's New in the IDA Management: The Novel FDA-Approved Iron Replacement Therapy	Prof. Saqib Siddique
4:36 PM - 4:54 PM	Medical Management of Endometriosis	Prof. Brig. Maimoona Mushtaq
4:54 PM - 5:00 PM	Concluding Remarks by Panel of Experts	

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DAY 2 - SHALIMAR HALL A

Saturday - 26th September 2026

WORKSHOP ON
MATERNAL CARDIAC ARREST / RESUSCITATION

3:00 PM - 5:30PM

Chief Coordinator: Prof. Amna Ahsan

Guest of Honour: Prof. Rehana Mehmood Ali Malik

Moderator: Dr. Saira Zeeshan

Time	Topic	Speaker
3:00 PM - 3:15 PM	Practical Points in the Management of Cardiac Disease in Pregnancy	Prof. Amna Ahsan
3:15 PM - 4:00 PM	Recognition of Cardiac Arrest, CPR Technique and Left Lateral Uterine Displacement	Dr. Maryam Asif
4:00 PM - 4:20 PM	Targeted Temperature and Post-Cardiac Arrest Management	Dr. Asif Siddiqui, Dr. Mohsin Masud, Dr. Yasir Shafi
4:20 PM - 4:30 PM	Post-Workshop Q&A	
HANDS-ON SESSION		
4:30 PM - 5:30 PM	Airway Station	Dr. Mohsin Masud
	Megacode Station	Dr. Asif Siddiqui, Dr. Yasir Shafi
	Arrhythmia / Rhythm Recognition	Dr. Maryam Asif

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DAY 2 - SHALIMAR HALL B

Saturday - 26th September 2026

WORKSHOP ON
METABOLIC DISORDERS & HUMAN REPRODUCTION

3:00 PM - 5:00 PM

Chief Coordinator: Prof. Saira Yunus

Guest of Honour: Prof. Razia Korejo

Moderator: Dr. Saba Rasool

Time	Topic	Speaker
3:00 PM - 3:20 PM	Obesity and Metabolic Dysfunction	Dr. Sadia Salman
3:20 PM - 3:40 PM	Hyperprolactinaemia and Reproduction	Dr. Hafeeza Naz
3:40 PM - 4:00 PM	Polyendocrine Metabolic Ovarian Syndrome - PMOS	Prof. Saira Yunus
4:00 PM - 4:20 PM	Lifestyle Interventions: What Actually Works?	Prof. Amna Khanum
4:20 PM - 4:40 PM	Weight Reduction Beyond "Diet & Exercise" GLP-1 Receptor Agonists and Newer Anti-Obesity Therapies	Dr. Murtaza Shafqat
4:40 PM - 5:00 PM	Non-Surgical and Procedural Approaches to Fat Reduction	Dr. Tanveer Abbas
	Post-Workshop Q&A	

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DAY 2 - PALACE HALL

Saturday - 26th September 2026

ROSHAN KAL KE LIYE WORKSHOP

3:00 PM - 5:30 PM

Chief Organizer: Prof. Aisha Malik

Guest or Honour: Prof. Aziz un Nisa Abbasi

Chief Coordinator: Dr. Mahham Janjua

From Healthy Pregnancy to Safe Birth and Beyond:
Empowering Healthcare Professionals to Transform Maternal Care

Time	Topic	Speaker
3:00 PM - 3:10 PM	Opening Remarks and Workshop Rationale	Prof. Aisha Malik
3:10 PM - 3:30 PM	Optimising Pregnancy: Building the Foundation for Safe Motherhood	Prof. Nadia Khurshid
3:30 PM - 3:50 PM	Safe Labour & Prevention of Postpartum Haemorrhage	Prof. Kiren Khurshid Malik
3:50 PM - 4:10 PM	The Fourth Trimester	Prof. Aisha Malik
4:10 PM - 5:20 PM	Interactive Simulation and Skills Arena Stations • CTG Flashcards • WHO Labour Care Guide Exercises • PPH Simulation • Breastfeeding Demonstration • Maternal Mental Health Station • Postpartum Contraception Station • Red Flag Recognition • Clinical Decision-Making Scenarios • Faculty Pearls	All Faculty 9–10 Interactive Stations Prof. Nadia Khurshid Prof. Kiren Khurshid Malik Dr. Nomia Saqib Dr. Mahham Janjua
5:20 PM - 5:30 PM	Closing Reflections and Commitment to Safe Motherhood	Prof. Aisha Malik

GALA DINNER | **7:00 PM** | **PC GRAND BALL ROOM**

DAY 3 - CRYSTAL HALLS

Sunday - 27th September 2026

KEYNOTE LECTURE SESSION 11

Panel of Experts : Prof. Muhammad Tayyab, Prof. Aisha Siddiqa, Prof. Maimona Hafeez, Prof. Shahid Rao, Prof. Robina Iqbal, Prof. Farah Yousaf

Moderator: Prof. Fauzia Butt

CRYSTAL B — **9:00 AM - 10:00 AM**

Time	Topic	Speaker
9:00 AM - 9:18 AM	From Tragedy to Reform: Rethinking Patient and Neonatal Safety in Hospital Design	Prof. Rubina Sohail
9:18 AM - 9:36 AM	Role of High-Dose Quatrefolic in Preventing Recurrent Pregnancy Loss	Prof. Tayyiba Waseem
9:36 AM - 9:54 AM	Advancing Women's Health: Gynaecological Endoscopic Surgery	Prof. Zohra Khanum
9:54 AM - 10:00 AM	Concluding Remarks by Panel of Experts	

KEYNOTE LECTURE SESSION 12

Panel of Experts : Prof. Saqib Saddique, Prof. Shehla Baqai, Prof. Haleema Yasmeen, Prof. Yousaf Latif, Prof. Shagufta Tahir

Moderator: Dr. Rabia Wajid

CRYSTAL A — **9:00 AM - 10:00 AM**

Time	Topic	Speaker
9:00 AM - 9:18 AM	Laws Governing ART Donor Practices, Surrogacy, Termination of Pregnancies and Prenatal Sex Determination	Prof. Fozia Amber Qureshi
9:18 AM - 9:36 AM	Osteoporosis Treatment Gap: How Gynaecologists Can Change the Outcome	Prof. Syeda Batool Mazhar
9:36 AM - 9:54 AM	Human Reproduction: Understanding Nature's Regulatory Mechanisms	Prof. Arshad Chohan
9:54 AM - 10:00 AM	Concluding Remarks by Panel of Experts	

DAY 3 - CRYSTAL HALLS

Sunday - 27th September 2026

KEYNOTE LECTURE SESSION 13

Panel of Experts : Prof. Aziz un Nisa Abbasi, Prof. Kiren Khurshid, Prof. Brig. Maimoona Mushtaq, Prof. Amna Zia, Prof. Azra Saeed Awan

Moderator: Dr. Sadaf Zahra

CRYSTAL B — 10:00 AM - 11:00 AM

Time	Topic	Speaker
10:00 AM - 10:18 AM	Medicolegal Challenges in Pakistan: Prevention, Preparedness and Effective Defence	Prof. Alia Bashir
10:18 AM - 10:36 AM	Optimizing Intrauterine Insemination in Public Sector Hospitals	Prof. Aisha Malik
10:36 AM - 10:54 AM	The Burden of Iron Deficiency in a Woman's Journey	Prof. Fareed Zafar
10:54 AM - 11:00 AM	Concluding Remarks by Panel of Experts	

KEYNOTE LECTURE SESSION 14

Panel of Experts : Prof. Shagufta Saeed Sial, Prof. Afshan Ambreen, Prof. Asma Yasin, Prof. Fareeha Khaliq, Prof. Shaherzad Sohail

Moderator: Dr. Misbah Javaid

CRYSTAL A — 10:00 AM - 11:00 AM

Time	Topic	Speaker
10:00 AM - 10:18 AM	High Caesarean Section Rates in Pakistan: An Evidence-Based Appraisal of Clinical Necessity and Overuse	Prof. Faiqa Saleem
10:18 AM - 10:36 AM	Endometriosis: From Diagnosis to Treatment	Dr. Nadeem Zuberi
10:36 AM - 10:54 AM	When Experience Meets Innovation: The Chohan ACCSS Technique - From Surgical Principles to Twelve Successful Cases	Dr. Tehseen Ikram
10:54 AM - 11:00 AM	Concluding Remarks by Panel of Experts	

DAY 3- CRYSTAL HALLS

Sunday - 27th September 2026

KEYNOTE LECTURE SESSION 15

Panel of Experts : Prof. Syeda Batool Mazhar, Dr. Najum-us-Saqib Qureshi (UK), Prof. Uzma Hussain, Prof. Fauzia Monnoo Khan, Prof. Saima Chaudhry, Prof. Sara Ijaz

Moderator: Dr. Maria Imran

CRYSTAL B — **11:00 AM - 12:00 PM**

Time	Topic	Speaker
11:00 AM - 11:18 AM	Experience with Robotic Surgery at a Tertiary Care Hospital in Lahore	Prof. Fareeha Farooq
11:18 AM - 11:36 AM	Hysteroscopy: Use in General Gynaecology and ART	Prof. Yousaf Latif
11:36 AM - 11:54 AM	Recent Advances in the Management of Placenta Accreta Spectrum	Prof. Farhat Naz
11:54 AM - 12:00 PM	Concluding Remarks by Panel of Experts	

KEYNOTE LECTURE SESSION 16

Panel of Experts : Prof. Fareed Zafar, Prof. Rubina Ali, Prof. Alia Bashir Dr. Iftikhar Sadiq, Prof. Farzana Latif, Prof. Saima Iqbal

Moderator: Dr. Umtal Batool

CRYSTAL A — **11:00 AM - 12:00 PM**

Time	Topic	Speaker
11:00 AM - 11:18 AM	Twin Cretins and Female Welbeing	Prof. Khursheed A Khan
11:18 AM - 11:36 AM	Vitamin D3 & Myo-Inositol: What Every Gynaecologist Should Know	Prof. Mahlaqa Maqsood
11:36 AM - 11:54 AM	Thromboprophylaxis in Pregnancy: Who, When and How?	Prof. Nudrat Suhail
11:54 AM - 12:00 PM	Concluding Remarks by Panel of Experts	

CRAFT 2026 Conference On HUMAN REPRODUCTIVE HEALTH

SHRH SOCIETY OF HUMAN REPRODUCTIVE HEALTH PAKISTAN

25th to 27th SEPTEMBER 2026 PC HOTEL, LAHORE

CRAFT IVF

DAY 3 - PALACE HALL

Sunday - 27th September 2026

WORKSHOP ON
NEONATAL RESUSCITATION

9:00 AM - 2:00 PM

Chief Coordinator: Prof. Farzana Latif

Guest of Honour: Prof. Roshan Ara Qazi

Moderator: Dr. M. Wasim Salim

Time	Topic	Speaker
09:00 AM - 09:10 AM	Introduction to Neonatal Resuscitation	Dr. M. Wasim Salim
09:10 AM - 09:30 AM	Preparation for Birth	Dr. M. Wasim Salim
09:30 AM - 09:45 AM	Initial Steps of Neonatal Resuscitation	Dr. Kaleem Akhtar Malhi
09:45 AM - 10:00 AM	Group Practice	Respective Facilitators
10:00 AM - 10:20 AM	NICU Care: Bridging a Gap Between Birth and Survival	Prof. Farzana Latif
10:20 AM - 10:45 AM	Management of Airway and Breathing	Dr. Sikandar Hayat
10:45 AM - 11:00 AM	Group Practice	Respective Facilitators
11:00 AM - 11:20 AM	Chest Compressions	Dr. Kaleem Akhtar Malhi
11:20 AM - 11:40 AM	Group Practice	Respective Facilitators
11:40 AM - 12:00 PM	Drugs and Vascular Access	Dr. M. Wasim Salim
12:00 PM - 12:30 PM	Post-Resuscitation Care and Special Conditions	Dr. M. Wasim Salim
12:30 PM - 01:00 PM	Integrated Approach	Dr. Sikandar Hayat
01:00 PM - 01:30 PM	Group Practice	Respective Facilitators
01:30 PM - 01:45 PM	Knowledge Check (Post-Test)	All Facilitators

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CRAFT IVF

DAY 3 - SHALIMAR HALL

Sunday - 27th September 2026

LIFE STYLE OF WORKING WOMAN WORKSHOP

9:00 AM - 12:00PM

Chief Organizer: Prof. Shaila Anwar, Prof. Sadiah Ahsan Pal

Guest of Honour: Prof. Shahida Sheikh (Lahore)

Moderator: Dr. Saima Zubair

Healthy, Happier & More Balanced			
Time	**Topic**	**Highlights**	**Facilitator**
9:00 AM - 9:10 AM	Introduction	Who Is Taking Care of Us?	Dr. Saima Zubair
9:10 AM - 9:20 AM	Importance of Balanced Lifestyle	Balanced Diet & Hydration, Regular Exercise & Sleep Stress Management and Work-Life Balance	Prof. Arshad Chohan
9:20 AM - 9:35 AM	Why a Healthy Lifestyle Matters	Impact of Lifestyle on Physical & Emotional Wellbeing	Prof. Shaheena Asif
9:35 AM - 10:00 AM	The SMART Goals	Nutrition, Physical Activity, Sleep, Stress Management, Behaviour Change Goals, Substance Abuse	Prof. Sadiah Ahsan Pal & Prof. Shaila Anwar
10:30 AM - 11:00 AM	Live Activities	Workplace Exercises, Pelvic Floor Exercises, Meditation, Sufi Dance	Prof. Sadiah Ahsan Pal & Prof. Shaila Anwar
11:00 AM - 11:20 AM	One Change Starting Tomorrow	Make It Specific, Make It Realistic, Make It Yours	Prof. Sadiah Ahsan Pal & Prof. Shaila Anwar
11:20 AM - 11:35 AM	Key Takeaways	Small Steps, Sustainable Habits, A Healthier You	Ms. Asma Abbas
11:35 AM - 12:00 PM	Formal Wear Presentation	Runway Walk, Styling Tips, Group Photos	All Participants
Facilitators:		Dr. Saima Qurban, Dr. Maryam Akram, Dr. Nida Amjad, Dr. Almas Batool, Dr. Bushra Saleem	

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DAY 3 - CRYSTAL HALL B

Sunday - 27th September 2026

PLENARY SESSION

12:00 PM - 1:00 PM

Panel of Experts : Prof. Shaheena Asif, Prof. Tabinda Rana, Prof. Saqib Siddique, Prof. Shamsa Humayun, Prof. Aisha Malik

Moderator: Dr. Moiz Arshad Chohan

Time	Topic	Speaker
12:00 PM - 12:30 PM	When Demand and Eligibility Diverge: The Clinical Paradox of IVF Requests and Suitability	Prof. Arshad Chohan
12:30 PM - 01:00 PM	Varicocele in Male Infertility: Does Surgery Make a Meaningful Difference?	Prof. Rafique Zaki

DAY 3 - CRYSTAL HALLS

Sunday - 27th September 2026

KEYNOTE LECTURE SESSION 17

Panel of Experts : Prof. Rubina Sohail, Prof. Uzma Hussain, Prof. Fozia Amber, Prof. Tasneem Tahira, Prof. Saima Niazi

Moderator: Dr. Maryam Raana

CRYSTAL B — **01:00 PM - 2:00 PM**

Time	Topic	Speaker
01:00 PM - 01:12 PM	Urinary Track infections in Pragnancy	Prof. Saima Chaudhry
01:12 PM - 01:24 PM	Twin Pregnancy: Surveillance and Management of One Twin with Complication	Prof. Saima Iqbal
01:24 PM - 01:36 PM	Management of Fibroids in Modern Times	Prof. Dr. Arshad Chohan
01:36 PM - 01:48 PM	Overwhelmed Public-Sector Healthcare Facilities: The Hidden Crisis Behind Violence Against Doctors	Prof. Salma Zaman
01:48 PM - 02:00 PM	Is Pakistan a Tough Country for Doctors? Let's See the Facts and Figures	Dr. Humaira Shaheen

KEYNOTE LECTURE SESSION 18

Panel of Experts : Prof. Fauzia Butt, Prof. Shamayela Hanif, Prof. Nadia Khurshid, Prof. Ambreen Akhtar, Prof. Asma Gul

Moderator: Dr. Lamia Yousaf

CRYSTAL A — **01:00 PM - 2:00 PM**

Time	Topic	Speaker
01:00 PM - 01:12 PM	Beyond the Heel-Prick: Newborn Screening in the Genomic Era	Dr. Samina Zafar
01:12 PM - 01:24 PM	Practical Points in the Management of Hypertensive Disorders in Pregnancy	Prof. Waseem Talib
01:24 PM - 01:36 PM	A Comparative Analysis of Liquid-Based Cytology Versus the Conventional Papanicolaou Smear for Cervical Cancer Screening	Dr. Irum Naz
01:36 PM - 01:48 PM	Peripartum Cardiomyopathy	Dr. Farnaz Zahoor
01:48 PM - 02:00 PM	Q-RUSH Hysterectomy: A Mini Review of a Novel, Rapid, and Vault-Supportive Modification of Traditional Total Abdominal Hysterectomy	Lt. Col. Qudsia Nawaz

DAY 3 - CRYSTAL HALLS

Sunday - 27th September 2026

KEYNOTE LECTURE SESSION 19

Panel of Experts : Prof. Fareed Zafar, Prof. Aisha Malik, Prof. Salma Zaman, Prof. Madiha Rashid, Prof. Shaila Anwar

Moderator: Dr. Sajida Parveen

CRYSTAL A — 02:00 PM - 03:00 PM

Time	Topic	Speaker
02:00 PM - 02:10 PM	Can Anti-Müllerian Hormone replace Ultrasound-Diagnosed Ovarian Morphology in the Diagnosis of PMOS?	Prof. Safia Munir
02:10 PM - 02:20 PM	Laparoscopic Transabdominal Cerclage in Recurrent Mid-Trimester Pregnancy Loss After Failed Transvaginal Cerclage: A Three-Year Experience	Dr. Arooba Rahim
02:20 PM - 02:30 PM	Triplet Pregnancy – Delayed Interval Delivery in Trichorionic Triamniotic Pregnancy	Prof. Nusrat Javed
02:30 PM - 02:40 PM	Evaluating the Influence of Nurse Navigators on Patient Satisfaction in High-Risk Pregnancies	Prof. Saima Jabeen
02:40 PM - 02:50 PM	Role of Doppler Ultrasound in Foetal Medicine: A Trimester-Wise Approach	Dr. Shazia Rasul
02:50 PM - 03:00 PM	Concluding Remarks by Panel of Experts	

KEYNOTE LECTURE SESSION 20

Panel of Experts : Prof. Noreen Akmal, Prof. Nudrat Sohail, Prof. Amna Khanum, Prof. Amna Ahsan, Prof. Saira Yunus

Moderator: Dr. Saira Zeeshan

CRYSTAL B — 02:00 PM - 03:00 PM

Time	Topic	Speaker
02:00 PM - 02:10 PM	Expanding Role of Progesterone in Enhancing Pregnancy Outcomes in Both Natural and Assisted Reproduction	Prof. Arshad Chohan
02:10 PM - 02:20 PM	Illegal Abortion and Role of Contraception	Prof. Samina Khursheed
02:20 PM - 02:30 PM	New Technologies for the Management of Ovarian Ageing: A Review of Emerging Regenerative and Molecular Strategies for Oocyte Quantity and Quality	Dr. Saeeda Bano
02:30 PM - 02:40 PM	Automated Feedback on Clinical Notes via Natural Language Processing: Quasi-Experimental Study	Dr. Natasha Usman
02:40 PM - 03:00 PM	**CLOSING: Session with Sponsors / Shield Distribution**	Prof. Arshad Chohan
03:00 PM	Lunch - Grand Ball Room	